



## **Making Waves in Pain Management with Frequency Specific Microcurrent**

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In 1994, The International Association for the Study of Pain (IASP) defined pain as an “unpleasant sensory and emotional experience associated with actual or potential tissue damage.” Pain can occur for a multitude of reasons: injuries, chronic disease, health conditions such as depression, post-traumatic stress disorder, traumatic brain injury and even cancer. Today, IASP asserts that pain is a possible barrier to the effectiveness of cancer treatments. Recent studies have shown that when a patient is in pain, their ability to heal is significantly compromised. The body focuses on the pain; consequently, healing is postponed until the pain has diminished considerably.

Frequency specific microcurrent, also referred to as FSM, has been clinically shown to relieve pain and aid in the recovery of injuries. FSM is a type of therapy that uses microcurrent to help reduce inflammation by stimulating the body to heal naturally, easing acute and chronic pain.

Using microcurrent technology to resonate with the natural frequencies of specific tissues and organs, FSM helps the whole body to function properly through healing on a cellular level. When the body is able to function properly, there is a faster, natural recovery, as well as a reduction in pain and a decrease in inflammation.

FSM is similar to other physiotherapies. For example, it uses similar technology to a TENS unit (transcutaneous electrical nerve stimulation). However, a TEN’s unit can only block pain signals; it is not able to increase the cellular energy, a necessary factor in healing and alleviating pain long term.

An ultrasound treatment is beneficial in many situations. While it produces heat by resonating with the water inside the cells, it is not able to increase cellular energy. A third type of physiotherapy, the cold laser, emits light particles onto a specified area of the body. Both the cold laser and FSM show an increase in ATP production and cellular energy, providing positive results in various situations.

It has been shown that people of all ages and stages of life have benefited from treatments with frequency specific microcurrent. Patients with a wide variety of health concerns have been helped with FSM treatments: adhesions, back pain, carpal tunnel, concussions, cysts, endometriosis, fibromyalgia, goiter, headaches, inflammatory bowel syndrome, migraine headaches, neuromuscular pain, restless leg syndrome, sprain, sports injuries, strains, wound healing and other injuries.



In the right practitioner's hands, FSM therapy is similar to a piece of art. Just as an artist pays attention to detail and becomes acquainted with their surroundings, it is important for the practitioner to pay attention to detail and to recognize the individual's treatment goals.

To create a treatment plan that is effective and efficient, the practitioner needs to address their underlying injury or health concerns. Our bodies are designed to heal, and frequency specific microcurrent helps the body to heal and relieve pain naturally.

Reference: "Pain Management." National Institutes of Health Fact Sheets. October 2010.

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